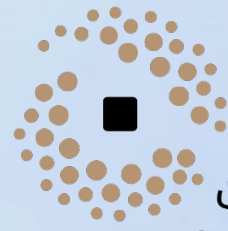




THE LEGACY INSTITUTE  
مؤسسة التراث الإسلامي



ضيوف البيت  
Al Bait Guests  
لخدمات الحجاج Pilgrims Services





## **SUGGESTED PACKING LIST**

### **Women**

1. Abayas, hijabs, under hats if you need them (optional)
2. Hijab pins or magnets
3. Leggings for underneath abaya (these are preferred so pants don't drag)
4. Sun cap/ visor
5. Light T-Shirts underneath abayas
6. Panty liners and menstrual pads
7. Razor & Shaving creams
8. Hair ties, Hair clips

### **All Hujjaj**

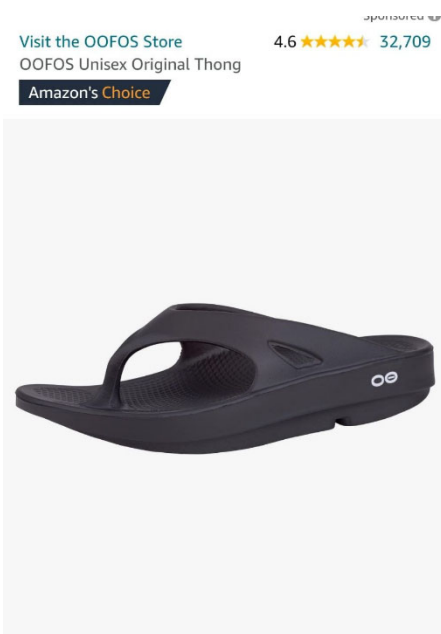
1. Portable fan
2. Water spray bottle
3. Vitamins (Example: Daily Multi Vitamin, Vitamin C packets, etc)  
EmergenC or anything else you trust –
4. Medications (Prescription or Over the counter)
5. Hydration packets/ Electrolytes
6. Cough drops
7. Fanny pack
8. Small umbrella
9. Cli Bars or your favorite energy bars
10. Power bank
11. Universal adapter
12. If you're bringing an electronic from US/ Canada – portable voltage converter
13. A small hook for behind the door for multiple purposes (to hang clothes etc)
14. Fragrance free wipes
15. Vaseline
16. Pocket sized tissue paper
17. A roll of toilet paper (in case some places do not have any)
18. Socks & Underwear for every day so you don't have to wash clothes as often.
19. Light travel towel (2)
20. Slippers
21. Comfortable walking shoes (we recommend slip on sneakers, bobs, etc.)

## 22. Slides or Flip Flops for Ihram for Men

Acceptable footwear must NOT have straps on the ankle and back of the heel.

**Examples of acceptable footwear** and ones we recommend in our Legacy Fiqh acceptance. Some in the Hanafi madhab prefer that the top of the foot show so if you wish to follow that all the “thong” style slippers are fine.

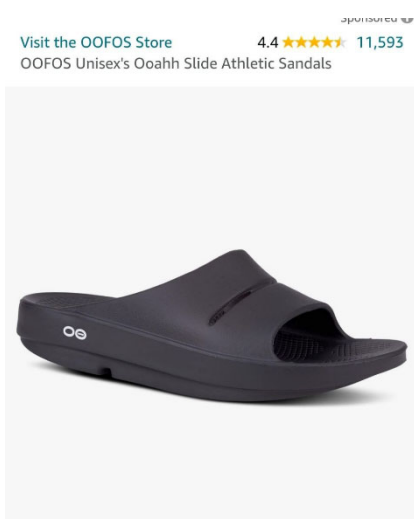
Please get these before Hajj and wear them in otherwise you will have changing if they're brand new.



OOFOS Original - <https://a.co/d/9d2YiXA>



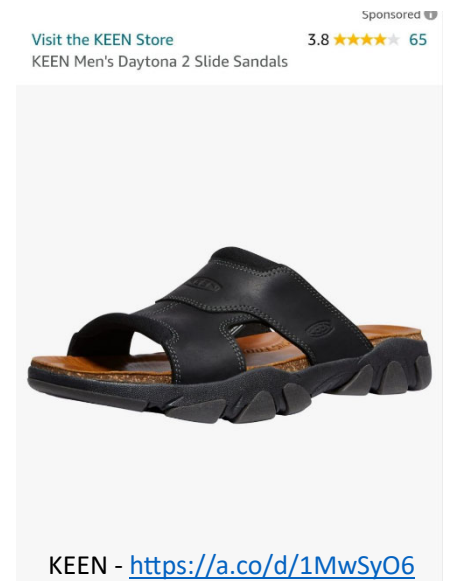
Reef sandals - <https://a.co/d/eTnLxww>



OOFOS Slide - <https://a.co/d/9d2YiXA>



KIUU - <https://a.co/d/6i6BfEc>



KEEN - <https://a.co/d/1MwSyO6>

EXAMPLES OF FOOTWEAR THAT IS **NOT ALLOWED** FOR MEN TO WEAR IN IHRAM



23. Toothpaste, toothbrush, miswak, floss/ toothpicks
24. Travel comb
25. Toiletry bag that has a handle to hang if needed
26. Razor and shaving cream
27. Small scissors
28. Nail clippers
29. Q-Tips
30. Chapstick
31. Small mirror especially if it has suction cups to hang on a wall or hook
32. Hand sanitizer (spray and/ or liquid)
33. Wipes (sanitizing and disinfecting) – fragrance free
34. Sunscreen – fragrance free
35. Soap (liquid or bar) – fragrance free
36. Shampoo, Conditioner, Body Wash – Travel Size
37. Face & Body Lotion – a few can be unscented to use during Ihram
38. Deodorant - get 2: one that is unscented for when in ihram
39. Diary/ Notebook
40. Eid clothes
41. Sunglasses
42. Prayer rug

43. Money
44. Unlocked phone (if it doesn't have dual SIM, get a cheap second unlocked phone)
45. Travel pillow
46. Alcohol wipes
47. Small light string bag
48. Backpack
49. Travel iron if you absolutely need it
50. Ziplock bags
51. Small bags for necessities
52. Bags for dirty clothes (we found a few medium size garbage bags work great and can carry heavy loads)
53. Luggage: Small Roller Carry On, 1 to 2 Large / Medium Luggage as needed
54. Muzdalifah Specific: Small inflatable pillow if you don't want to use your travel pillow, light linen and cotton blanket to sleep on. We do NOT recommend sleeping bags as it is very hot and they are polyster made. Imagine packing camping and having light but breathable and thick enough but packable material. You can also put it over your prayer mat for giving you more cushioning

IHRAM – 2 Ihram's is good. You can always buy them when you arrive to Makkah/ Madinah, but if you want to buy in advance 2 is fine. They come in more than one size. We recommend the following brands as they are very lightweight and breathable, otherwise whatever is comfortable is fine. Stay away from heavy polyster as it will make you sweat a lot. You can alternatively make your own ihram by buying the material and cutting it out from places like Michael's or other fabric stores. Again, please make sure the fabric is breathable.



Keep in mind it's summer in Saudi it's hot! Get light clothing

If you forget to pack something from home, there is a store in Bin Dawood and Pharmacies that have these things (especially the linen for Muzdalifah or travel iron for example).

This is just a suggested list, you may need more or less of what's on this list according to each individual's needs.